

Guidelines for contenders on the challenge:

Solo and unsupported bike ride around Australia.



Guidelines

The record to challenge is 51 days, 47 minutes for the 14.611 km.

The ride is to be solo, on sealed-road approximate perimeter ride, without a support vehicle.

Start and finish must be at the same spot.

Human powered vehicles other than bicycles qualify.

A route same in spirit but clearly more strenuous also qualifies.

The route must pass, in any sequence, certain fixed points along the route of the existing record.

The fixed points are:

- o Sydney - Harbour Bridge
- o Brisbane - Story Bridge
- o Innisfail Town Centre
- o Junction Gulf Developmental Rd / Burke Developmental Rd (approx 7km south of Normanton)
- o Mt Isa
- o Katherine
- o Carnarvon West Coast Hwy
- o Cottesloe
- o Mandurah Town Centre
- o Yallingup Caves Rd
- o Leeuwin Naturalist National Park Caves Rd
- o Walpole
- o Esperance Town Centre
- o Elliston
- o Port Lincoln (from south on Western Approach Rd)
- o Port Augusta
- o Adelaide - King William Bridge
- o Wellington Ferry across Murray river
- o Policemans Point
- o Nelson
- o Port Campbell
- o Apollo Bay
- o Torquay
- o Melbourne Spencer Street Bridge
- o Foster
- o Eden
- o Kiama

A rider must break the record (51 days and 47 minutes) by at least one hour and in the same period have biked at least 14.611 km to claim a new record.

Pre-arranged local support (spares, food, guidance) is allowed up to a maximum of four places (not counting the ferry in Wellington). Local means that the supporter does not travel a substantial distance to provide the support.

Drafting assistance is not allowed.

The contender must observe the drug rules of the major world sports bodies. If such a body demands a test it must not be withheld.

Essentially the contender must obey the Australian and state road rules.

To claim the record the contender must:

Before the attempt.

Advertise to the current record holder and the public, (website, blog or similar) at least one month before his attempt, about his plans in details, containing date, time and place of start.

After the attempt.

Provide pictures with date and time from all fix points, and from the start and finish point.

Provide GPS files similar to, or better than *Current record holders GPS files.*

The rules are easy to observe, and will hopefully be accepted by future contenders.

A claim of a new record, not following these rules, will most likely not be approved by me.

Download a pdf version of the guidelines here.

Erik Straarup.
(Current record holder)



History of the record.

2279
September 08

